A HEALTHCARE INITIATIVE FOR DEVELOPING NATIONS





### **OVERVIEW:**

## What is the Clinical Officer Training Program?

- 3 year medical training program in primary healthcare
- Community based
- Developed using the Problem Based Learning format



#### **OVERVIEW:**

## Benefits of the Clinical Officer Training Program

- Shorter time to complete training
- No additional infrastructure required
- Complements the current healthcare initiatives of the host country



## **Healthcare System needs to grow to meet the needs:**

Most of the medical care in South Sudan is provided by international aid groups - 80 per cent, according to Medecins Sans Frontieres. Many South Sudanese in rural areas have to walk for days to reach a clinic.

"Seventy-five per cent of people do not have access to even basic health care," Terri Morris, the head of MSF's mission in Juba, said. "Critical gaps remain for basic medical services, particularly for emergencies."

A HEALTHCARE INITIATIVE FOR DEVELOPING NATIONS

### The Need for Improved Healthcare is Evident:

According to the World Health Organization 2011 report:

South Sudan has the highest maternal mortality rate in the world: The UN reported that one in seven South Sudanese women is likely to die because of complications from delivery. Just 10 per cent of South Sudanese women have access to medical professionals during childbirth



# What are the current choices for increasing the number of Medical Providers ?

- Have South Sudanese attend medical school abroad.
- Build additional medical training facilities and hire additional medical school faculty.



## What are the choices for increasing the number of Medical Providers?

- Have South Sudanese attend medical school abroad.
  - Tuition and living expenses (not including travel expenses) average \$50,000.00 per year per student.
  - Medical School training program completion can take from 4 to 6 years.



Training Program

## What are the choices for increasing the number of Medical Providers?

- Increase Medical Training Capacity within South Sudan.
  - The cost of constructing a new medical school campus can be over \$50,000,000<sup>00</sup>.
  - Salaries for faculty and staff can be over \$10,000,000<sup>00</sup>.



## What are the choices for increasing the number of Medical Providers?

- A New Choice: the Clinical Officer Training Program.
  - Program graduation in three years.
  - No cost for new infrastructure.
    - Community Based utilizes existing structures
  - No new faculty utilizes a Medical Provider currently in the area.
  - Utilizes the Problem-Based Learning (PBL) Format

## The Sub-Saharan African Medical School Study

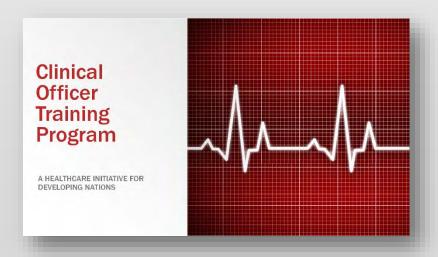
Data, Observation, and Opportunity.

"There are significant areas of curricular and teaching innovation taking place at many schools designed to meet local and regional health care needs. Innovations often involve critical thinking skills and community based education (CBE), both of which reflect innovations taking place globally in medical education. These innovations address regional needs by teaching problemsolving skills for work in any setting and by taking learning to communities where health needs are greatest."



#### What is a Clinical Officer?

 A Clinical Officer is a medical professional who practices primary healthcare medicine under specific primary care guidelines. An Clinical Officer is a graduate of an accredited training program which is nationally certified.



#### What is a Clinical Officer?

 Clinical Officers are clinic (or hospital) based medical care providers who perform physical examinations, diagnose and treat illnesses, order and interpret lab tests, perform procedures, assist in surgery, provide patient education and counseling and make rounds in hospitals.



Officer Training Program

# What Are the Program Basics of a Clinical Officer Training Program (COTP)?

- The COTP utilizes the Problem Based Learning format.
- It is a Community-Based program.
- The Students are ready to provide medical care in three years.



### **Program Basics:**

### **Problem Based Learning Format (PBL):**

- Problem-based learning (PBL) is the learning that results from the process of working toward the understanding and resolution of a problem.
- In the PBL, the problems students encounter are simulated patient cases.
- The patient problems serve as the stimulus for acquiring the basic science knowledge needed to understand underlying mechanisms of health and disease, and they also serve as the focus for the development of clinical reasoning skills

### **Program Basics:**

### **Problem Based Learning Format (PBL):**

- A few of the Medical Schools currently utilizing PBL curriculum:
  - McMaster University, Canada
  - Harvard University School of Medicine, USA
  - Case Western Reserve University School of Medicine, USA
  - Samford University School of Medicine, USA
  - University of Missouri School of Medicine, USA
  - Maastricht University, the Netherlands
  - University of Limerick, Ireland
  - Lake Erie College of Osteopathic Medicine, USA
  - Gadjah Mada University of Yogyakarta, Indonesia
  - Libyan International Medical University of Benghazi, Libya
  - Munich Ludwig Maximilian University, Germany



### **Program Basics:**

**Problem Based Learning Format (PBL):** 

 Research of 10 years of data from the <u>University of Missouri School of</u> <u>Medicine</u> indicates that PBL has a positive effect on the students' competency as physicians after graduation.



### **Program Basics:**

### **Community-Based Program:**

- A Clinical Officer Training Program can be set up in more than one community.
- Each program enrolls 4 to 12 students.
- Can utilize pre-existing structures (e.g. schools, clinics, homes, churches)
- Utilizes a local Medical Provider as the course Facilitator

e Facilitator
Clinical
Officer
Training
Program

A HEALTHCARE INITIATIVE FOR DEVELOPING NATIONS

## Students ready to provide independent medical care in three years:

- The three year program includes:
  - Year #1 Basic medical knowledge and life-long learning skills acquisition
  - Year #2 Beginning clinical application
  - Year #3 Advanced clinical application



### **COTP Year #1 – Knowledge Acquisition:**

- Complete 24 Virtual Patient Cases one case every two weeks.
- Meet with the Course Facilitator (local Medical Provider) for two hours twice a week (total of four hours per week)



# COTP Year #1 – Knowledge Acquisition: VIRTUAL PATIENT CASES

- Each case covers a main disease process and 2 or 3 related disease processes
- The individual cases cover related aspects of the basic sciences through completion of case objectives (i.e. Anatomy, Physiology, Biochemistry, Histology, Cella Biology, etc.).

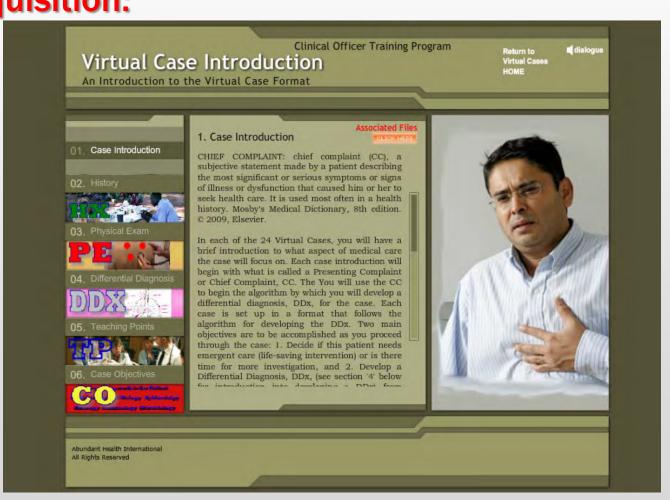


**Program** 

**COTP Year #1 – Knowledge Acquisition:** 

**VIRTUAL PATIENT CASES** 

Virtual Cases are presented in a computer based program that allows the student to proceed through the case in a format that is utilized by practicing medical providers



#### **Case Introduction**

The Case Introduction provides information concerning the aspect of medical care that the case will focus on and is based on the presenting signs and symptoms (e.g. chest pain)

Clinical Officer Training Program

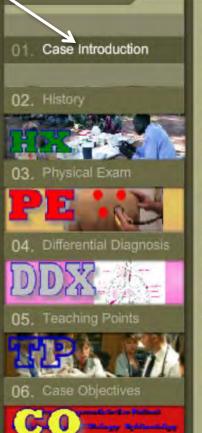
Associated File

#### Virtual Case Introduction

An Introduction to the Virtual Case Format

Return to Virtual Cases HOME

to dialogue Cases



#### 1. Case Introduction

CHIEF COMPLAINT: chief complaint (CC), a subjective statement made by a patient describing the most significant or serious symptoms or signs of illness or dysfunction that caused him or her to seek health care. It is used most often in a health history. Mosby's Medical Dictionary, 8th edition. © 2009, Elsevier.

In each of the 24 Virtual Cases, you will have a brief introduction to what aspect of medical care the case will focus on. Each case introduction will begin with what is called a Presenting Complaint or Chief Complaint, CC. The You will use the CC to begin the algorithm by which you will develop a differential diagnosis, DDx, for the case. Each case is set up in a format that follows the algorithm for developing the DDx. Two main objectives are to be accomplished as you proceed through the case: 1. Decide if this patient needs emergent care (life-saving intervention) or is there time for more investigation, and 2. Develop a Differential Diagnosis, DDx, (see section 4 below



Abundant Health International All Rights Reserved

#### History

The students will learn to take a complete history which will include the History of Present Illness, Review of Systems, Past Medical History, Family History and **Social History.** Each of the cases help the student to learn to include specific questions to "rule in" or "rule out" specific conditions.

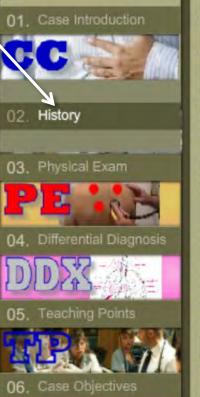
Clinical Officer Training Program

Associated Files

### Virtual Case Introduction

An Introduction to the Virtual Case Format

Return to Virtual Cases HOME dialogue



#### 2.1 History of Present Illness

 Obtaining an accurate history is the critical first step in determining the etiology of a patient's problem.

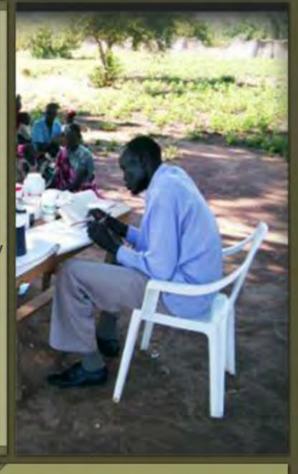
•A large percentage of the time (~ 70%), you will actually be able make a diagnosis based on the history alone.

Opening the Interview

It is important to begin each medical interview with a patient-centered approach.

#### 2.2 Review of Systems and Past Medical History

The majority of the information needed to diagnose and manage a patient's problem(s) is obtained during the history of present illness. The information obtained during the latter portions of the interview provides a complete database of the patient's medical, personal and family history needed to provide optimal management of a patient's problems. Frequently, information contained in the past history is asked about and reported in the history of present illness. For example, in interviewing a patient with chest pain that is suspicious for angina, a physician would query the patient



Abundant Health International All Rights Reserved

#### **Physical Exam**

The students will learn all aspects of physical exam through course materials including texts and media (audio and video). They will also be instructed by the course facilitator and have opportunity to practice exams on each other. Persons from the community who are trained as "patients" can also be utilized.

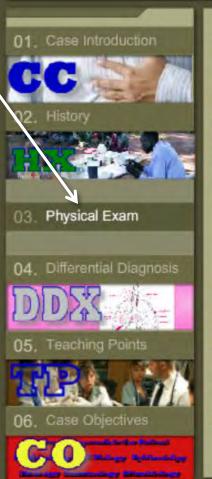
Clinical Officer Training Program

Associated Files

#### Virtual Case Introduction

An Introduction to the Virtual Case Format

Return to Virtual Cases HOME dialogue



3. Physical Exam Vital Signs:

Abnormal vital signs have been associated with an increased likelihood of admission to the hospital. Physicians have long recognized the importance of vital sign observations, and vital sign measurement has proven to be useful for detecting serious diseases during triage

Primary Survey with Focused Exam:

Initial Assessment (Primary Survey)

Initial Assessment

The initial assessment is designed to help the Medical Provider detect all immediate threats to life. Immediate life threats typically involve the patients ABCs, and each is corrected as it is found.

The initial assessment has six components; 1.Form a general impression of the patient - The general impression will help you decide the



Abundant Health International All Rights Reserved

# Differential Diagnosis

One of the most important skills to develop as a medical provider is the ability to form a valid and complete Differential Diagnosis from what is found on History and Physical Exam.

The student has to be able to learn this skill before proceeding to the Knowledge Application phase of training

Clinical Officer Training Program

#### Virtual Case Introduction

An Introduction to the Virtual Case Format

Return to Virtual Cases HOME dialogue

Associated Files

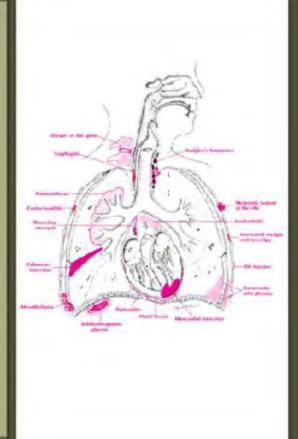
#### 4.1 Differential Diagnosis: Anatomic Location

Differential Diagnosis:

The process of weighing the probability of one disease versus that of other diseases possibly accounting for a patient's illness. Developing a differential diagnosis is an essential part in ultimately developing a working diagnosis. A working diagnosis is the diagnosis that is most probable given the findings of the Clinical History, Physical, and Laboratory exams and it is the diagnosis which will lead to the development of the

#### 4.2Differential Diagnosis: Systems

Differential diagnosis can also be based on an organ systems approach. The example of the chest pain as a presenting chief complaint can also have a differential diagnosis developed by noting what organ systems could be involved in presenting with this particular presenting symptom. Organ systems that could be involved would be the cardiovascular, respiratory, gastrointestinal, musculoskeletal, lymphatic, neurologic, and dermatologic.



Abundant Health International All Rights Reserved

01. Case Introduction

04 Differential Diagnosis

05. Teaching Points

06. Case Objectives

#### **Teaching Points**

Each case will include important **Teaching Points** that the students must master before completion of the case. These **Teaching Points** will include the most important aspects of the history and physical exam and the development of the differential diagnosis.

Clinical Officer Training Program

#### Virtual Case Introduction

An Introduction to the Virtual Case Format

Return to Virtual Cases HOME dialogue

#### Associated Files

5.1 Teaching Points

**Teaching Points** 

Each of the 24 Virtual Cases will have several "teaching points". Each teaching point will succinctly present one core knowledge application for the particular case. The presentation of the teaching points endeavors to give a basic framework that the Clinical Officer can utilize in developing a standard of care for patients presenting with that particular chief complaint.

The teaching points will often be the most critical knowledge base used in the development a differential diagnosis and ultimately in the development a treatment plan for the patient. The set of teaching points for a particular case is often referred to as a "script".

The key components of clinical preceptor's teaching scripts are three to five teaching points with supporting material and an understanding of common errors made by learners in mastering this material.



Abundant Health International All Rights Reserved

05. Teaching Points

06. Case Objectives

01. Case Introduction

erential Diagnosis

#### **Case Objectives**

The Case Objectives\
cover the core
information needed
to understand the
disease processes
being studied.

Clinical Officer Training Program

Associated Files

#### Virtual Case Introduction

An Introduction to the Virtual Case Format

Return to Virtual Cases HOME dialogue

01 Case Introduction 03. Physical Exam Differential Diagnosis aching Points

6. Case Objectives Learning Objectives

Each of the 24 Virtual Cases will also have learning objectives which will help the student to attain the core knowledge required for the understanding and treatment of disease entities. In Year #1 of the Clinical Officer Training Program, the learning objectives will focus on the basic sciences. Year #2 objectives will focus on the clinical specialties with focus on treatment plans.

At the conclusion of the 24 Virtual Cases, the student will have basic knowledge of medicine as it pertains to Anatomy, Physiology, Biochemistry, Embryology, Epidemiology, Histology, Immunology, Microbiology, Pharmacology, and Pathology. In addition, clinical skills will be learned through the Approach to the patient teaching objectives.

The case objectives will ask questions which the students will need to research and answer. The process of research and inculcation of knowledge will Anatomy Physiology

Approach to the Patient

Biochemistry Histology

Cell Biology Embryology.

Epidemiology Immunology

Microbiology Pathology

Medical Imaging

Pharmacology

Abundant Health International All Rights Reserved

06 Case Objectives

# **COTP Year #1 – Knowledge Acquisition: VIRTUAL PATIENT CASES**

Each Student and the Course Facilitator will receive a laptop computer that will contain the course material including medical textbooks and medical media.



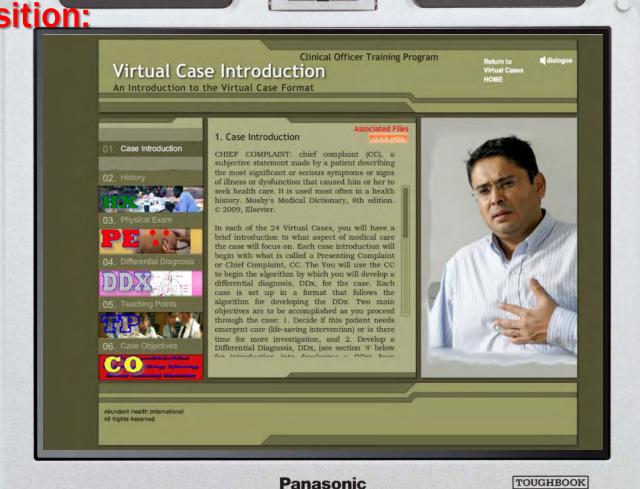
# **COTP Year #1 – Knowledge Acquisition: VIRTUAL PATIENT CASES**

The Panasonic Toughbook is designed to withstand harsh environments and years of service and can hold a medical school library on the hard drive.

It can be recharged with a solar panel.

COTP Year #1 – Knowledge Acquisition: VIRTUAL PATIENT CASES

- The students work in study groups of four.
- They can split up the case objectives between them to research the information and present the findings to the group.



CF-31

# **COTP Year #1 – Knowledge Acquisition: COURSE FACILITATOR INSTRUCTION**

- The Course Facilitator meets with the students for two hours twice a week to:
  - Discuss the cases
  - Answer questions
  - Instruct in aspects of physical exam pertinent to the current case.

    Officer Training Program



# COTP Year #1 – Knowledge Acquisition: PROBLEM-BASED LEARNING PHASE

- Year #1 Objectives will cover:
  - Computer application skills
  - Communication skills
  - Approach to the Patient and Patient Care skills
  - Cell Biology and Microbiology
  - Immunology and Histology
  - Epidemiology and Biostatistics I
  - Biochemistry
  - Anatomy and Physiology



# **COTP Year #2 – Beginning Clinical Application: CLINICAL INSTRUCTION PHASE**

- The Course Facilitator for the COTP Year #1 now becomes the Clinical Instructor for COTP Year #2 (and year #3). The Course Facilitator will still meet with the new COTP Year #1 students – 4 hours per week.
- The Year #2 Students will work with the Clinical Instructor seeing patients, writing up medical documents, and performing minor procedures.
- The Year #3 Students will work in settings of clinics,
   hospitals, and community health forums.



**Clinical** Officer

Training Program

# **COTP Year #2 – Beginning Clinical Application: CLINICAL INSTRUCTION PHASE (cont...)**

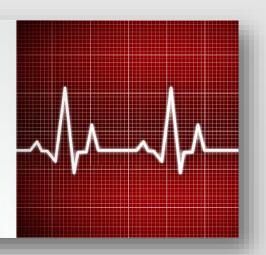
- Year #2 Objectives will cover:
  - Medicine I
  - OB-GYN I
  - Paediatrics I
  - Mental Health I
  - Surgery / Orthopaedics I
  - Public / Environmental Health I
    - Includes Epidemiology and Biostatistics II
  - First Aid / Basic Life Support
  - Pathology / Microbiology II



# **COTP Year #2 – Beginning Clinical Application: CLINICAL INSTRUCTION PHASE (cont...)**

### For Patient Encounters, Students Will Maintain:

- Patient logs will contain diagnoses and treatment plans for the patients that have been evaluated by the student.
- <u>Procedure logs</u> will record the type and number of procedures performed (e.g. laceration repair, fracture training reduction and splinting/casting, assisted births, intraining venous catheter insertion, etc.).



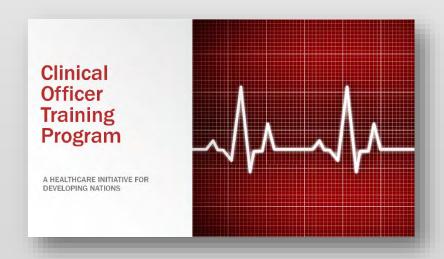
# **COTP Year #3 – Advanced Clinical Application: CLINICAL PRACTICUM PHASE**

- The Students are required to:
  - Maintain patient logs
  - Maintain procedure logs
  - Complete the assigned objectives for Year #3



# **COTP Year #3 – Advanced Clinical Application: CLINICAL PRACTICUM PHASE (cont...)**

- Year #3 Objectives will cover:
  - Medicine II
  - OB-GYN II
  - Paediatrics II
  - Mental Health II
  - Surgery / Orthopaedics II
  - Ophthalmology / ENT
  - Emergency / Trauma
  - Public / Environmental Health II
  - Health Services Management



### **CURRICULUM DEVELOPMENT**

- Developed Utilizing:
  - Mastery Rubric
  - Integrations of Top 100 Diseases/Conditions
  - Problem-Based Learning format
  - Symptom-Based exam and differential diagnosis formulation
  - Differential Diagnosis-Based treatment plan Clinical Officer Training



**Program** 

### **CURRICULUM DEVELOPMENT**

- Mastery Rubric
  - Ensures the training of competent medical Providers who practice medicine within the scope of their granted licensure and credentials

Page | 1

#### Mastery Rubric for the Clinical Officer Training Program

Developed by Robert A. Slaney, MD

**PURPOSE**: To ensure realization of the expected outcome measures at the completion of the Training Program.

**EXPECTED OUTCOME**: It is expected that the student, upon completion of the Training Program, will be able to function as a competent independent medical provider within the scope of the granted licensure and credentials.

#### OUTCOME MEASURES:

Knowledge Base: Demonstration of an intimate knowledge of the basic sciences and clinical medicine as it pertains to the understanding of the top 100 disease processes.

Clinical Acumen: Exhibition of the correct application of the acquired knowledge base in the diagnosis and treatment of disease processes as they present in a particular patient.

CURRICULUM DEVELOPMENT BASED ON MASTERY RUBIC:

### **CURRICULUM DEVELOPMENT**

- Integration of Top 100 Diseases / Conditions
  - Utilizes DALYs of Eastern
     Africa (as obtained from the WHO).

| Cause<br>Opulation (000)                     | WORLD (b)        |            | AFR D<br>346816  | AFR E<br>392 730 | AMR A<br>340,046 | AMR B<br>458 570 | AMR D<br>75824 | EMR B<br>145 753 | EMR D<br>373 934 | EUR A<br>422 026 | EUR B<br>223 270 | EUR C<br>238 074 |
|--|------------------|------------|------------------|------------------|------------------|------------------|----------------|------------------|------------------|------------------|------------------|------------------|
| OTAL DÁLYMUM                                 | 2 680 423        | 100.0      | 335 806          | 383 497          | 74 599           | 131 662          | 27.949         | (000)            | 219 244          | 86 972           | 65373            | 103-066          |
| ommunicable diseases, maternal and permata   | 1212914          | 45,3       | 252 629          | 292 319          | 5 280            | 30 064           | 12 149         | 9 679            | 119 794          | 4351             | 15 108           | 9 631            |
| aditions and nutritional deficiencie         | OF EAST          | 10000      | B. C. O          | 12.0 (0.03)      |                  | - Van            | 90,000         | 10,500           | 2.4.000          | 20,201           |                  |                  |
| nfectious and parasitic diseases             | 595 345          | 23.2       | 141 903          | 179 299          | 1909             | 10 486           | 4 942          | 2 522            | 46 412           | 1 402            | 4618             | 4 640            |
| Tuberculeas                                  | 57 829           | 2.2        | 7 402            | 11 533           | 18               | 835              | 664            | 219              | 4 466            | 70               | 622              | 2 167            |
| STDs excluding HIV                           | 13 627<br>6 210  | 0.5        | 1 901            | 2 073            | 66               | 472              | 96             | 152<br>16        | 1 751            | 75               | 167              | 109              |
| Syphilis                                     | 3 281            | 0.1        | 329              | 380              | 47               | 207              | 12             | 91               | 290              | 51               | 80               | 63               |
| Chlamydia                                    |                  |            |                  |                  |                  |                  |                |                  |                  |                  |                  |                  |
| Generrhoea                                   | 3 588            | 0.1        | 584              | 645              | 13               | 168              | 30             | 38               | 313              | 12               | 38               | 32               |
| HIV/AIDS<br>Diarrhoeal diseases              | 161 694          | 3.9<br>6.0 | 15 582<br>36 370 | 68 674<br>35 584 | 195              | 2 107<br>3 655   | 1 548          | 138<br>1254      | 1 466            | 285<br>187       | 2506             | 1 376            |
| Childhood disease                            | 69 583           | 2.6        | 20 530           | 8 574            | 43               | 142              | 392            | 43               | 8 130            | 45               | 75               | 22               |
| Pertussis                                    | 23 035           | 0.9        | 5 472            | 3 413            | 39               | 116              | 338            | .28              | 2.691            | 40               | 42               | 15               |
| Poliomyelius (c)                             | 63               | 0.0        | 33               | 6                | 4                | 3                | 0              | 0                | 6                | 3                | 2                |                  |
| Diphthena                                    | 394              | 0.0        | 106              | 76               | 0                | 1                | 6              | o.               | 38               | 0                | 2                | 4                |
| Measles                                      | 33 657           | 1.3<br>0.5 | 11 698           | 2.792            | 0                | .0               | 0              | 2                | 3.447            | 1                | .25              | 1                |
| Tetanus                                      | 12 435           | 0.5        | 3 221            | 2.285            | 0                | 22               | 47             | 12               | 1 948            | . 1              | - 4              | -1               |
| Meninghis                                    | 23 890           | 0.9        | 6 155            | 4 884            | 65               | 599              | 290            | 179<br>72<br>32  | 2 167            | 103              | 412              | 200              |
| Hepatitis B (d)                              | 3 854            | 0.1        | 376              | 339              | 25<br>139        | 81               | 85             | 72               | 466              | 61               | 138<br>50        | 62<br>26         |
| Hepathis C (d)                               | 1.782<br>75.197  | 0.1        | 159<br>39 085    | 152<br>29 873    | 139              | 74               | 45             | 34               | 200              | 64               | .50              | 20               |
| Malana<br>Tropical diseases                  | 18 262           | 0.7        | 4 130            | 5 004            | 1                | 116<br>580       | 101            | 5 77             | 3 086<br>783     | 0                | 3                | 3                |
| Trypanosomians                               | 3 027            | 0.1        | 724              | 2 190            | 0                | 300              | 101            | - 0              | 110              | ő                | 6                |                  |
| Chagas disease                               | 551              | 0.0        | 0                | 2 130            | 0                | 453              | 93             | 0                |                  | 0                | 0                |                  |
| Schistosomi asis                             | 2 522            | 0.1        | 1 160            | 1 055            | i                | 63               | n              | 61               | 158              | 0                | 0                | č                |
| Leishmani and                                | 3 162            | 0.1        | 266              | 295              | 0                | 47               | 5              | 15               | 397              | 0                | 6                |                  |
| Lymphatic filmaser                           | 8 497            | 0.3        | 1 555            | 1 404            | ó                | 15               | 2              | . 0              | 103<br>15<br>40  | 0                | 2                |                  |
| Oncho cercianis                              | 503              | 0.0        | 425<br>22        | 60               | 0                | .1               | 1              | 0                | 15               | .0               | 0                |                  |
| Leprosy                                      | 326              | -0.0       | 22               | 17               | 1                | 27               | - 0            | 0                | 40               | .0               | -0.              |                  |
| Dengue                                       | 1.312            | 0.0        | .3               | 15               | 0                | 68               | 75             | 12               | 41               | 0                | - 9              |                  |
| Japanese encephalitis                        | 1 135            | 0.0        | 0                | 0                | .0               | .0               |                | 0                | 0                | .0               |                  | 4                |
| Trachome<br>Intestinal nemato de infection:  | 1 921            | 0.1        | 248              | 565              | 9                | 25               | 177            | 14               | 275              | .0               | 9                | 0                |
| Ascertas                                     | 5 479<br>2 879   | 0.2        | 1 393            | 611              | -                | 120              | 65             | 1                | 388<br>249       | 0                | 0                | 1                |
| Trichurianis                                 | 1 444            | 0.1        | 106              | 195              | 3                | 66               | 47             | 0                | 89               | 0                | 0                |                  |
| Hookworm disease                             | 1 025            | 0.0        | 163              | 230              | ó                | 14               | - 5            | o o              | 43               | Ö                | Ó                |                  |
| Respiratory infection:                       | 210 995          | 7.9        | 48 691           | 46 386           | 785              | 5 273            | 2 150          | 1 456            | 25 765           | 1.072            | 3 454            | 1 622            |
| Lower respiratory infections                 | 205-412          | 7.7        | 47.864           | 45 651           | 720              | 5.055            | 2.041          | 1 389            | 25 178           | 978              | 3 247            | 1 407            |
| Upper respiratory infections                 | 3 599            | 0.1        | 599              | 499              | 16               | 68               | 75             | 22               | 435              | 45               | 165              | 183              |
| Ottomedia                                    | 1 984            | 0.1        | 228              | 236              | 49               | 149              | 33             | 44               | 153              | 48               | 42               | 32               |
| Internal conditions                          | 51 497           | 1.9        | 10 523           | 10 167           | 417              | 1 639            | 731            | 756              | 5 735            | 249              | 428              | 342              |
| Maternal haemorrhage                         | 7 593            | 0.3        | 1 967            | 1 538            | 3                | 74               | 86             | 68               | 846              | . 1              | 24               |                  |
| Muternul sensis                              | 8 013            | 0.1        | 1 956            | 737              | 78               | 376<br>129       | 101            | 151              | 815<br>400       | -40              | 128<br>19        | 77               |
| Hypertena ve disorders<br>Obstructed labour  | 4 507            | 0.2        | 1 085            | 297              | 4                | 51               | 47             | 29               | 479              | 2                | 19               | 1                |
| Abertion                                     | 8 467            | 0.3        | 1 500            | 2 067            | 2                | 278              | 85             | 86               | 971              | 5                | - 14             | 22               |
| erinatal conditions (e                       | 297 023          | 11.1       | 43 218           | 45 124           | 1954             | 10 270           | 3 177          | 4 084            | 35 711           | 1 286            | 5 530            | 1 977            |
| Prematurity and low birth weigh              | 105 202          | 3.9        | 13 330           | 13 343           | 851              | 4 237            | 1 023          | 1 4 60           | 11 131           | 553              | 2 2 5 1          | 791              |
| Birth aphysia and birth trauma               | 94 690           | 3.5        | 14-536           | 15 008           | 426              | 2 872            | 1 230          | 1 624            | 10 843           | 372              | 1 933            | 556              |
| Neonaral infections and other conditions (f) | 97 130           | 3.6        | 15 352           | 16 773           | 677              | 3 161            | 924            | 1 000            | 13 737           | 361              | 1 346            | 630              |
| utritional deficiencie                       | 58 053           | 2.2        | 8 294            | 11 343           | 215              | 2 396            | 1 149          | 861              | 6 171            | 342              | 1077             | 1 050            |
| Protein-energy malnutration                  | 31 197           | 1.2        | 5 609            | 7.487            | 66               | 1 473            | 711            | 412              | 3 252            | 52               | 227              | 70               |
| lodine deficiency                            | 5.046            | 0.2        | 363              | 1 210            | 10               | 146              | 48             | 189              | 909              | -4               | 357              | 670              |
| Vitamin A deficiency                         | 1 379            | 0.1        | 587              | 478              | 0                | .0               | 2              | 0                | 138              | 0                | 1                |                  |
| Iron-deficiency amiemi                       | 18 501           | 0.7        | 1 601            | 2.046            | 134              | 714              | 362            | 256              | 1 301            | 276              | 447              | 276              |
| Noncommunicable condition                    | 150 605          | 42,9       | 62 020           | 62 084           | 61136            | 80 343           | 12 397         | 21 584           | 71 069           | 75 984<br>17 059 | 6397             | 72 130<br>9 842  |
| lalignant neoplasms                          |                  | 5.6        | 5 640            | 5 750            |                  | 9 319            | 1 518          | 1 818            | 6 171            |                  |                  |                  |
| Mouth and cropharyus cancers                 | 7 161            | 0.3        | 257              | 265              | 194              | 290              | 26             | 61               | 450              | 493              | 215              | 389              |
| Oesophagus nancer                            | 9 340            | 0.3        | 105              | 510              | 273              | 245              | 17             | 187              | 275              | 469              | 154              | 238              |
| Stomach cancer<br>Colon/rectum cancer        | 14 603<br>11 383 | 0.5        | 276<br>274       | 408<br>207       | 256<br>1 1 2 6   | 868<br>663       | 723<br>77      | 213<br>126       | 282<br>297       | 2 084            | 537<br>561       | 1 232            |
| Liver cancer                                 | 12 853           | 0.5        | 743              | 721              | 304              | 279              | 59             | .51              | 230              | 575              | 187              | 267              |
| Pancreas cancer                              | 4 420            | 0.2        | 91               | 109              | 543              | 301              | 36<br>78       | 27               | 83               | 827              | 222              | 427              |
| Trachea/bronchus/lung cancers                | 23 085           | 0.9        | 210              | 288              | 2 862            | 973              | 20             | 139              | 520              | 3 379            | 1 343            | 1 66             |

### **CURRICULUM DEVELOPMENT**

Integrates WHO Country
 Cooperation Strategy South
 Sudan recommendations into
 the curriculum



### South Sudan



| WHO region   | Africa                                       |  |  |  |  |
|--|--|--|--|--|--|
| World Bankincome group                                   | Low-income                                   |  |  |  |  |
| CURRENT HEALTH INDICAT                                   | TORS   |  |  |  |  |
| Total population in thousands (2012)                     | 10838  |  |  |  |  |
| % Population under 15 (2012)                             | 42.28  |  |  |  |  |
| % Population mer 60 (2012)                               | 5.26   |  |  |  |  |
| Life expectancy at birth (2012)<br>Total, Male, Fernale  | 55 (Both sexes)<br>56 (Fernale)<br>54 (Male) |  |  |  |  |
| Neonatal mortalityrate per 1000 live births (2012)       | 36 [24-53] (Both sexes)                      |  |  |  |  |
| Under-5 mortality rate per 1000 live births (2012)       | 104 [72-148] (Both sexes)                    |  |  |  |  |
| Matemal mortalityratio per 100 000 live<br>births(2006)  |  |  |  |  |  |
| % DPT3 Immunization coverage among 1-year olds<br>(2012) | 70   |  |  |  |  |

# Country Cooperation Strategy

#### **HEALTH SITUATION**

South Sudan has some of the worst health outcome indicators globally, in spite of modest improvements over the last five years. Maternal mortality ratio has stagnated at 2054 per 100 000. Mortality rate for infants and children under five years declined from 102 and 135 in 2006 to 75 and 104 in 2012 per 1000 live births respectively. The significant disparity in health status across socio-demographic factors and geographical location is well documented.

Communicable diseases constitute a major public health problem: Malaria accounts for 30% of outpatient diagnosis; TB prevalence is at 140 per 100 000; HIV/AIDS prevalence is estimated at 3%, and classified as a generalized epidemic. Most neglected tropical diseases (NTDs) are endemic: South Sudan accounts for about 90% of global guinea-worm disease burden. Other NTDs include visceral leishmaniasis, trypanosomiasis, onchocerciasis, tracho ma, lymphatic filariasis and schistosomiasis.

Nancommunicable diseases (NCDs) are on the rise, especially cardiovascular diseases and diabetes among the affluent. Road traffic accidents are significant, while mental disorders are also prevalent, given the vulnerability to post-traumatic stress disorders after the prolonged conflicts in the country. The country is vulnerable to humanitarian crises, primarily as a result of inter-ethnic conflicts and perennial border tensions which increases the risk of epidemic prone diseases especially measles and cholera.

Illiteracy rates are high at 88% and 63% for women and men respectively. Although 57.% of the population has access to improved water sources, 91% of citizens have no access to proper sanitation. While the ratio of girls to boys attending primary school is 4:5, overall school enrolment is quite low at 18.8%. Public infrastructure, such as roads and bridges, which are essential for service delivery, are lacking in most parts of the country, hence compromising access to over 60% of the population during rainy seasons. No national electricity grid or national energy system is in place.

Institutionalizing mechanisms such as International Health Regulations, Tobacco Free Initiative and noncommunicable diseases control to promote the global health agenda, is at the preliminary stage.

#### **HEALTH POLICIES AND SYSTEMS**

South Sudan's Health Sector Development Plan (HSDP) 2012-2016 provides the overall vision and strategic direction for development in the health sector. It is aligned to the South Sudan Development Plan (SSDP), drawing its vision from the social and human development pillar goal of the former, which is "to promote the well-being and dignity of all people of South Sudan, by progressively accelerating universal access to basic services". The overall goal of the HSDP is to "contribute to the production of managements.

### **CURRICULUM DEVELOPMENT**

 Integrates the Country's healthcare initiatives such as the National Reproductive Health Strategic Plan 2013 -2016. Government of the Republic of South Sudan
Ministry of Health



National Reproductive Health Strategic Plan

2013 - 2016

### **CURRICULUM DEVELOPMENT**

Vision 2020 goals can be met with community-based affordable medical training programs that focus on issues that have the greatest economic impact for South Sudan.

# Foundational Issues

- 1. Macroeconomic stability
- 2. Demographic issues
- Food security and malnutrition
- Early childhood development and basic education
- Quality, demand and accessibility of primary health care
- Rule of Law, unity and reconciliation, security and stability (including regional peace and stability)
- Strengthening Effectiveness of Public Finance Management
- 8. Consolidating decentralization

### **Cross Cutting Issues**

- Capacity building
- Environment and climate change
- Gender and family
- 4. Regional integration
- 5. HIV/AIDS and NCDs
- Disaster management
- 7. Disability & Social Inclusion

### **PROGRAM IMPLEMENTATION**

- The COTP curriculum is reviewed, revision screened, and approved by the Ministry of Health for the hosting nation who will provide certification for graduates.
- A Memorandum of Understanding is drafted between the COTP Administrators and the Ministry of Health for the Hosting Nation (MHHN).
- A community site is selected
- Prospective students are selected



### PROGRAM IMPLEMENTATION (cont...)

- Course Facilitator is chosen.
- Orientation held for Course Facilitator and COTP Students.
- Course begins with 6 month evaluation and end of year evaluations ensuing.
- Course Administrator (provided by COTP)
   will maintain contact with MHHN to provide
   updates on Student progress.
- MHHN will provide ultimate control and oversight of the Program.



### **PROGRAM CONTACT:**

- Robert Slaney, MD Director of the Curriculum Development
  - o Telephone 01.410.533.1688
  - Email info@clinicalofficer.com



# **Creating Greater Access to Healthcare**

Clinical Officer Training Program

A HEALTHCARE INITIATIVE FOR DEVELOPING NATIONS

